

# **ALLERGY & ASTHMA CONSULTANTS, LLP**

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## **WHAT TO EXPECT AT YOUR FIRST VISIT**

Your allergy evaluation will consist of **two separate appointments**. Your first visit will be a history and physical with the doctor, skin testing, ordering labs and x-rays if needed, and medications, if ordered. You will return for a summary conference on a later date to discuss the results and treatment **after all test results are compiled**.

### **MEDICATIONS THAT INTERFERE WITH ALLERGY SKIN TESTING**

In order to ensure the most valid results of your allergy work-up, we request that you refrain from taking the following medications during the period indicated.

**\*\*\*Do not take any antihistamines or cold preparations  
5 - 7 days prior to your appointment.\*\*\***

There are many drugs, which include antihistamines. Some of the more common ones are:

Alavert	Cyproheptadine	Periactin
Allegra	Dimetapp	Phenergan
Alka-Seltzer Cold	Diphenhydramine	Pyribenzamine (PBZ)
Amitriptyline	Doxepin (Sinequan)*	Ru-Tuss
Astelin Nasal Spray	Dramamine	Rynatan
Astepro Nasal Spray	Dristan	Semprex D
Atarax*	Drixoral	Tavist
Atrohist	Elavil	Tanafed DP
Benadryl	Hydroxyzine	Tanafed DMX
Bromfed	Histex	Triaminic
Brompheniramine	Lodrane	Tussionex
Chlorpheniramine	Mescolor	Tylenol Cold/Allergy
Chlor-Trimeton (CTM)	Naldecon	Tylenol PM
Claritin	Norpramin	Vistaril*
Clarinx	Nortriptyline	Xyzal
Comhist	NyQuil	Zyrtec*
Comtrex	Ornade	
Contact	Pannaz	
Deconamine	Patanase	

**\*Astelin, Astepro, Atarax, Doxepin (Sinequan), Vistaril and Zyrtec:  
DO NOT TAKE FOR SEVEN DAYS PRIOR TO YOUR  
APPOINTMENT.**

1. If you are presently taking an anti-depressant, cough or cold medication not listed, please call our office and let us know before your visit.
2. Prednisone and other corticosteroids do not block allergy skin testing and may be continued as prescribed.
3. Antibiotics, nasal sprays (**except for Astelin and Astepro**), and asthma medications will not interfere with testing.